



Canteen Menu- Tuesdays

Starts Tuesday 30th April

Our school promotes the consumption of fruit and vegetables and healthy food options in line with the Australian Schools Canteen Guidelines.

These guidelines arrange food into the following categories:

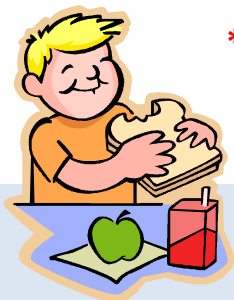
✓ **GREEN- Always foods** + **AMBER- Select carefully foods** X **RED- Not recommended foods**

The College canteen will **not** sell foods belonging to the RED “Not Recommended” Category.

Term 2 MENU – Place orders on a Monday

Green Food		Amber Food	
BURGER (WHOLEMEAL ROLL)	Full	BAKERY ITEMS	
** Vegie Burger w Lettuce & Cheese. <u>W</u> Relish OR Sauce	4.50	Pie	4.50
SUSHI ROLLS		Party Pie	1.50
Vegetarian Roll (GF)	3.00	Vegie & Cheese Pasties	4.00
		** Meat & Vegie Pasties	4.00
Teriyaki Chicken Roll	3.00	Vegan Pasties (Vegan)	4.00
Tuna Salad & Cucumber Roll	3.00	Spinach & Ricotta Roll	3.00
SOUP		Plain Sausage Roll	3.00
**Pumpkin & Red Lentil	4.50	Sweet Chillie Sausage Roll	3.00
ROLLS - WHOLEMEAL		CAKES & MUFFINS	
**Chicken, Ham, Tuna or Plain Salad	4.50 4.50	** Homemade Banana & Chocolate Cake	2.50
SNACKS		Muffin	2.50
Popcorn Tub	1.00	DRINKS & DAIRY	
		Milkshakes- Choc, Strawberry, Lime	3.00
		FROZEN Yoghurt	2.00
		100% Fruit Juice- Apple, Orange, Apple & Blackcurrant	2.00
		** Smoothie - BANANA	3.50

** New items



Please remember: Orders must be placed on Monday Morning for Tuesday Canteen.

Lunch order bags 10 cents each- available from the general office.